



**HIGHLAND RIDGE**  
ASSISTED LIVING FOR INDEPENDENT SENIORS

Highland Ridge Newsletter — March 2017



Fay Solley	March 1
Chandler McPherson	March 11
Becky McPherson	March 16
Marie Bale	March 17
Mildred Pardue	March 19
Ruth Payne	March 20

# Special Event

We will be going to the Mexican Restaurant Cancun on March 8th. Hope everyone can join us for a Fiesta !

Come and join us on March 10th to see the Jungle Book performed by Eastern Elementary at BC Auditorium



**Hey!**  
**WELCOME**  
We're *very* **GLAD**  
you're here!

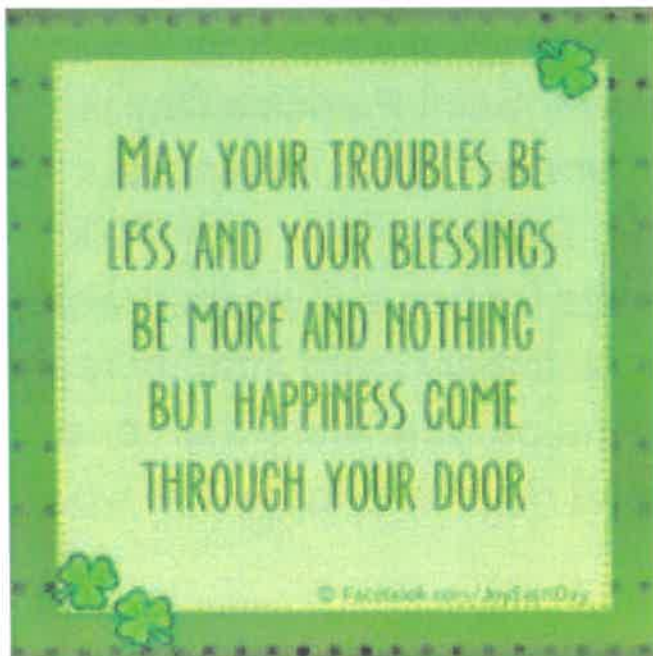
Glen and Emma Jean Joiner

Elizabeth Rogers

Mary Rose Mattingly

Jimmy Beck

[Welcome to our Newcomers!](#)



Saint Patrick's Day is celebrated each year on March 17th. In Ireland, Saint Patrick's Day is both a holy day and a national holiday. Saint Patrick is the patron saint of Ireland as he was the one who



brought Christianity to the Irish. According to legend, Saint Patrick used a shamrock to explain about God. The shamrock, which looks like clover, has three leaves on each stem. Saint Patrick told the people that the shamrock was like the idea of the Trinity – that in the one God there are three divine beings: the Father, the Son and the Holy Spirit. The shamrock was sacred to the Druids, so Saint Patrick's use of it in explaining the trinity was very wise. Although it began in Ireland, Saint Patrick's Day is celebrated in countries around the world. People with Irish heritage remind themselves of the beautiful green countryside of Ireland by wearing green and taking part in the festivities. Saint Patrick's Day is usually celebrated with a parade. The one in Dublin, Ireland is known to some as the Irish Mardi Gras. But the one in New York City is actually one of the biggest. It lasts for hours. Two Irish wolfhounds, the mascots of the New York National Guard infantry regiment the "Fighting 69th", always lead the parade. More than one hundred bands and a hundred thousand marchers follow the wolfhounds in the parade

# HIGHLAND RIDGE EMPLOYEE

# SPOTLIGHT



Brenda Pierce was raised in Barren County and is married to Shannon Pierce. They have a daughter Kim Cannon and a son Tony Pierce. She has three grandchildren Cristinia and Dakota Cannon and Paul Pierce and one great grandson Lucien. She has worked at Highland Ridge for 16 Years and enjoys being with the residents. She has done volunteer work and babysitting. Her hobbies include shopping, boating, swimming and walking. She attends Little Bethel Baptist Church.

**WE ♥ OUR  
RESIDENTS**

## Highland Ridge Spotlight on Mildred Pardue

Mildred was born and raised in Allen County. She was married to Arcy Spears for 55 years. Her children are Larry (deceased), Loretta, and Wendell. Her grandchildren are Justin, Lindsey, Ben, Stevie, and Stephanie. She also has eight great-grandchildren. She retired from General Electric and later married James Pardue and attended and taught Sunday School at Rough Creek Baptist Church which is a historic Church in Allen County. She always enjoyed living on the farm and the animals. She considers Nova Scotia and Branson to be her favorite trips. Her favorite things about Highland Ridge are bingo, singing, and the wonderful food.



## Keep Your Fork

by: Roger William Thomas, A 3rd Serving of Chicken Soup for the Soul

The sound of Martha's voice on the other end of the telephone always brought a smile to Brother Jim's face. She was not only one of the oldest members of the congregation, but one of the most faithful. Aunt Martie, as all the children called her, just seemed to ooze faith, hope and love wherever she went.

This time, however, there seemed to be an unusual tone to her words.

"Preacher, could you stop by this afternoon? I need to talk with you."

"Of course. I'll be there around three, is that okay?"

As they sat facing each other in the quiet of her small living room, Jim learned the reason for what he sensed in her voice. Martha shared the news that her doctor had just discovered a previously undetected tumor.

"He says I probably have six months to live." Martha's words were certainly serious, yet there was a definite calm about her.

"I'm so sorry to . . ." but before Jim could finish, Martha interrupted.

"Don't be. The Lord has been good. I have lived a long life. I'm ready to go. You know that."

"I know," Jim whispered with a reassuring nod.

"But I do want to talk with you about my funeral. I have been thinking about it, and there are things that I know I want."

The two talked quietly for a long time. They talked about Martha's favorite hymns, the passages of Scripture that had meant so much to her through the years, and the many memories they shared from the five years Jim had been with Central Church.

When it seemed that they had covered just about everything, Aunt Martie paused, looked up at Jim with a twinkle in her eye, and then added, "One more thing, preacher.

When they bury me, I want my old Bible in one hand and a fork in the other."

"A fork?" Jim was sure he had heard everything, but this caught him by surprise.

"Why do you want to be buried with a fork?"

"I have been thinking about all of the church dinners and banquets that I attended through the years," she explained. "I couldn't begin to count them all. But one thing sticks in my mind.

"At those really nice get-togethers, when the meal was almost finished, a server or maybe the hostess would come by to collect the dirty dishes. I can hear the words now.

Sometimes, at the best ones, somebody would lean over my shoulder and whisper, 'You can keep your fork.' And do you know what that meant? Dessert was coming!

"It didn't mean a cup of Jell-O or pudding or even a dish of ice cream. You don't need a fork for that. It meant the good stuff, like chocolate cake or cherry pie! When they told me I could keep my fork, I knew the best was yet to come!

"That's exactly what I want people to talk about at my funeral. Oh, they can talk about all the good times we had together. That would be nice.

"But when they walk by my casket and look at my pretty blue dress, I want them to turn to one another and say, 'Why the fork?'



# LAUGHTER IS THE BEST MEDICINE

Q: What do you call a parade of rabbits hopping backwards? A. A receding hare line



Q: What's the different between a cat and a comma? A. A cat has claws at the end of paws— a comma is a pause at the end of a clause

Q: What do you call an old snowman? A. water

Q: What kind of dog tells time? A: A watch dog.

Q: Why did the turtle cross the road? A: To get to the Shell station!

## Recipe For Happiness

- Live with enthusiasm
- Smile for no reason
- Love without conditions
- Act with purpose 
- Listen with your heart
- Laugh often 

Q: Which side of a chicken has the most feathers? A: The outside.

## Michael Jordan Quotes

*I've failed over and over and over again in my life and that is why I succeed*

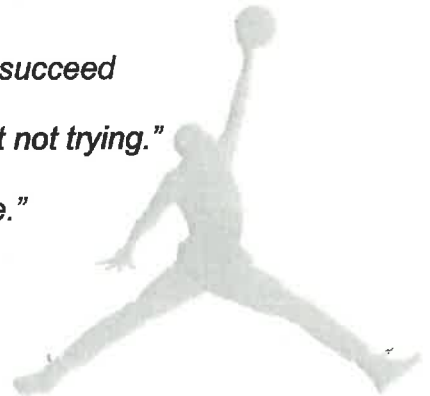
*"I can accept failure, everyone fails at something. But I can't accept not trying."*

*"If you do the work you get rewarded. There are no shortcuts in life."*

*"You have to expect things of yourself before you can do them."*

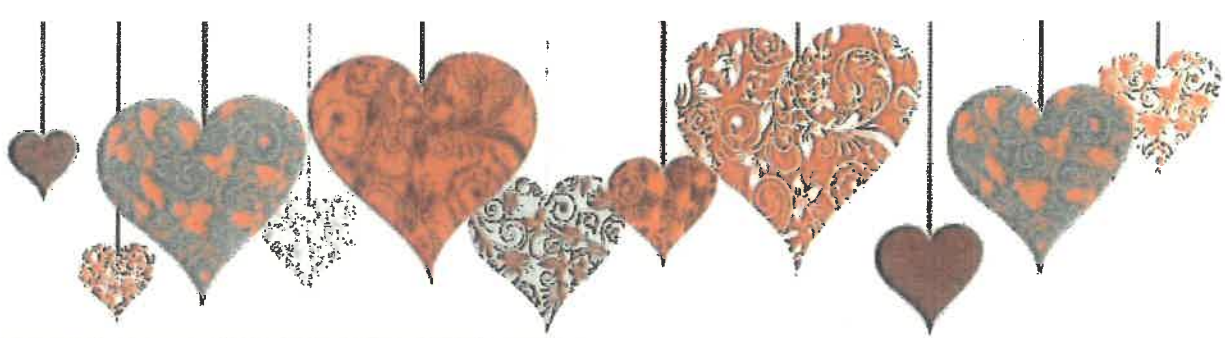
*"Enjoy every minute of life. Never second-guess life."*

*"If you quit once it becomes a habit. Never quit!"*



## March Madness Starts

**We have a lot of fans here at Highland Ridge and we are watching the games and cheering on our favorite teams. !!!!!**



Valentines at Highland Ridge was fun for all and they received lots of valentines and cup-cakes

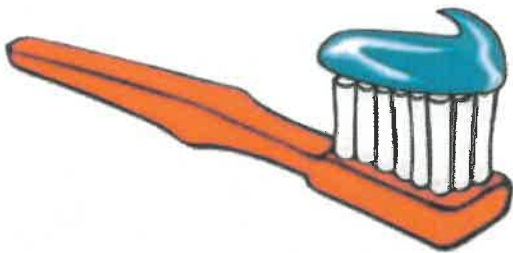
Entertainment by Marla Spillman



Christina and Bailey were a big hit among the residents



Dr. Matthew Riley demonstrated how to take care of our teeth



The first monthly Spelling Bee and the winner was

Nita Hammer !!!



**Highland Ridge had a famous visitor on Presidents Day. President Abe Lincoln gave a wonderful speech about his life and the Civil War**





# Highland Ridge Residents

A D M P C Q E E E M R W Q G B R I H S M N V D Z R  
 H I L F C S I I N X A Y T T A P W E H E S E H P L  
 W P G A A B D M A X Y X E Z Y L R R I Q R O M X K  
 E F L R N Y D M J I R D I D E K E K R D E N E H E  
 R X Y A O O A I H A Z E L N R F U O L D V I E Y N  
 R U T H R E D J I M A R G I E L O I E S D L T U U  
 U F C N P D G O Q C M H I N E J M L Y R E X R X J  
 E E R C M Y O L N O I L D H Y O B B O N S A H A T  
 N A E D O L C Y M A R G A R E T M C E N I E Y I M  
 L E M K J T U J R J C E L A R A P N V C M J K K A  
 L A H D U Y U A K A U S M N T R I W A M E L I J R  
 P R U G F L Q B D L M S A T G R I V A A D I K U I  
 U M Y V I E A R L O R Y I W E I A L N B C B Z D Z  
 I E F E O N P U E N R E G V W O M N X R M B I V Y  
 X L E L U N A W V S L I R G Z I I S Z D C Y F D H  
 Z R N R Z T N D E S N A S C H E L C E Y E V V Y B  
 E S I R I Q I E L T M G F Y D T D L H N L A T J L  
 H L R N X G V C Y N A X D X P K G F I F G H U H C  
 H V O Z Q Y H R N O P I W A L D E E N E V A E R B  
 M A L V I O D M M T V X W V G Y Z A H J Q T E R F  
 S M C K H A J K J V B L D Z K F Q E Y L X D C C T  
 D P J Y U E G L A Q W A J V U Z M I Q M A B C Q I

ADDIE  
 CLODEAN  
 DORIS  
 FAY  
 HELEN  
 JIMMIE  
 LIBBY  
 MARIE  
 MAXINE  
 PATTY  
 SHERREY

AGNES  
 CLORINE  
 EARL  
 GALE  
 JANE  
 JULIE  
 LURIE  
 MARVERINE  
 MEREE  
 RALPH  
 WALDEN

ALMA  
 CORDIE  
 EMMA  
 GEORGIA  
 JEANNIE  
 JUNE  
 MARGARET  
 MARY  
 MILDRED  
 REAVEN  
 WILLIE

AMEY  
 DONALD  
 EVELYN  
 HAZEL  
 JENI  
 LAUVONNE  
 MARGIE  
 MATTIE  
 NITA  
 RUTH



**VETERANS**  
**AND/OR THEIR**  
**SPOUSES OR WIDOWS**  
**HIGHLAND RIDGE ASSISTED LIVING**  
**180 SCOTTIE DRIVE**  
**GLASGOW, KY 42141**  
**270-659-2548**

**Invites all Veterans and Their Families**  
**to a Special Veterans Benefits Workshop**  
**MONDAY, MARCH 13, 2017 at 6pm**

**Are you a Veteran or the Spouse of a Veteran ?**

- With 90 days of active military service?
- A discharge of any kind other than dishonorable?
- Age 65 or older?

**If you can answer yes to these questions you should attend this event to.....**

**Learn how you may...**

- Qualify for relatively unknown, rarely used **VETERAN'S BENEFIT.....**

**Up to \$2,127 per month TAX-FREE! (Especially reserved for Veterans, widows, and their children.)**

**RSVP by FRIDAY, MARCH 10<sup>th</sup> at 270-659-2548**

• The VA estimates only 27% of Veterans and 14% of Widows of Veterans, who probably could qualify for the pension, actually receive monthly checks and that there are 2 Million Veterans likely missing out on \$22 Billion in pension benefits.

• A VA study says that the veterans generally "are completely unaware that the program exists."

• VA Secretary Nicholson states "Veterans have earned this Benefit by their service to our nation. We want to ensure that every Veteran or surviving Spouse who qualifies has a chance to apply." (Press Release - 12/19/06)

**Join Us - Maximize Your Benefits**